

# WATER SAFETY INFORMATION



**Hidden dangers**

If someone is in trouble  
or needs help:

**DIAL 999**

Ask for **FIRE SERVICE**

Quote location:

**LANCS23**

Skerton Weir  
John O'Gaunt Rowing Club

 **jets.music.lend**

what3words

This board is dedicated to those  
who have lost their lives in open  
water



## INSTRUCTIONS FOR USE

1. OPEN COMBINATION LOCK
2. OPEN DOOR
3. PULL LINE BAG OUT
4. OPEN VELCRO FLAP AT NECK OF BAG
5. GRAB OPEN END OF BAG WITH THROWING HAND
6. GRASP ROPE FIRMLY IN OTHER HAND
7. THROW BAG AND CONTENTS AT PERSON TO BE RESCUED KEEPING HOLD OF END OF LINE
8. USE WHISTLE TO ATTRACT ATTENTION OF OTHER PEOPLE
9. DO NOT PUT YOURSELF IN DANGER – DO NOT ENTER WATER AND STAY LOW TO REDUCE CHANCE OF BEING PULLED INTO WATER



For anybody in difficulty in the water - **Float to Live:**



1

**Tilt your head back**  
with ears submerged

2



**Relax**  
and try to breathe  
normally



3

**Lie on your back**  
with your arms and  
legs spread out

4



**Move your arms**  
to help you stay afloat



5

When you are calm,  
**call for help or**  
**swim to safety**